

Appendix 1. AMAT compound tasks and task components. Reprinted with permission of Elsevier Publishing. *Source:* Kopp B, Kunkel A, Flor H, Platz T, Rose U, Mauritz KH, Gresser K, McCulloch KL, Taub E. The arm motor ability test: Reliability, validity, and sensitivity to change of an instrument for assessing disabilities in activities of daily living. *Arch Phys Med Rehabil.* 1997;78(6):615–20.

I.	Cut “Meat”
1.	Pick up knife and fork *
2.	Cut “Meat” (Play-Doh) *†
3.	Fork to mouth
II.	Foam “Sandwich”
4.	Pick up “Sandwich”
5.	“Sandwich” to mouth
III.	Eat with Spoon
6.	Pick up Spoon
7.	Pick up dried kidney bean with spoon
8.	Spoon to mouth
IV.	Drink from Mug
9.	Grasp mug handle
10.	Mug to mouth
V.	Comb Hair
11.	Pick up comb
12.	Comb hair
VI.	Open Jar
13.	Grasp jar top *
14.	Screw jar top open *
VII.	Tie Shoelace
15.	Tie shoelace*†
VIII.	Use Telephone
16.	Phone receiver to ear
17.	Press phone number
IX.	Wipe Up Spilled Water (7 mL)
18.	Wipe up water (6 movements)
19.	Discard towel in wastebasket
X.	Put on Cardigan (Jacket-Style) Sweater
20.	Affected arm in sleeve, sweater over affected shoulder *†
21.	Button two lower buttons*
XI.	Put on T-shirt
22.	Arms in T-shirt sleeves *†
23.	Head through neckhole *†
24.	Pull down and straighten shirt *
XII.	Prop on Extended Arm
25.	Prop on extended arm, reach across body with unaffected arm, pick up small object*
XIII.	Light Switch/Door
26.	Pincer grasp of light switch and flip down
27.	Grasp door handle, rotate handle, open door 6 inches
28.	Close door

*Bilateral task

†2-min time limit (other tasks have 1-min time limit)