Appendix 2. Example of Activity, Task, and Operation Division

Activity:
- Meal preparation

Task:
- Preparing food

Operations:
- Reading (recipes, expiration dates, etc.)
- Recognizing spoiled goods
- Peeling (fruits and vegetables)
- Cutting (meat, bread, vegetables)
- Measuring (solids, liquids)
- Locating goods in the pantry
- Opening a can

Task:
- Cooking