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Appendix 1 – Example of Power Mobile Arm Support in Use



Appendix 2 – Interview schedule

Use of Mobile Arm Supports (MAS) by People with Nerve or Muscle Conditions

Interview Schedule

- 1. Consents**
- 2. Aim of the interview to learn more about how your MAS may have helped you and what problems you find with them.**
- 3. No right or wrong answers - interested in your views and experiences of MAS.**
- 4. All information will be anonymised and kept confidential.**
- 5. We hope findings will help further development and use of MAS.**

Questions

1. I wonder if you could tell me a little bit about your background in using MAS:
 - a. When did you start using MAS? What prompted you to start using MAS?
 - b. Who helps you use MAS? How long does this take to set up?
 - c. What training did you/carer receive in using MAS?
 - d. What was your initial reaction to start using MAS?
 - e. How do you currently feel about using MAS?
2. I'd like to discuss your use of MAS,
 - a. What activities would you use MAS for?
 - i. How often? How long for? What are the reasons you would use MAS? (Cover: strengthening/exercise, eating, drinking, wheelchair use, page turning, typing, writing, drawing/painting, brushing teeth, grooming, playing board games/electronic devices).
 - b. Are there times when you would choose not to use MAS? What reasons? How often?
3. Can we discuss the impact of using MAS has had?
 - a. How has your life changed since using MAS? Any specific examples?
 - b. Which aspects of your life does it affect most/least?
 - c. How has using MAS helped you?
 - i. Benefits/ limitations?
 - ii. Affect on relationships/ mobility/ independence / confidence?
 - d. What are the main differences for you in using MAS and not using MAS?
4. Can we discuss the possible development of MAS?
 - a. What advantages/disadvantages have you experienced in using MAS?
 - b. How could you be better supported in using MAS?
 - c. What advice would you have for MAS users?
 - d. How do you think MAS are viewed by their users? By carers? By GP's/doctors/ Health care professionals or others?
5. Any other comments and general discussion

Thank you for your participation