Appendix 2 – Interview schedule

Use of Mobile Arm Supports (MAS) by People with Nerve or Muscle Conditions

Interview Schedule

1. **Consents**
2. **Aim of the interview** to learn more about how your MAS may have helped you and what problems you find with them.
3. **No right or wrong answers** - interested in your views and experiences of MAS.
4. All information will be anonymised and kept confidential.
5. We hope findings will help further development and use of MAS.

**Questions**

1. I wonder if you could tell me a little bit about your background in using MAS:
   a. When did you start using MAS? What prompted you to start using MAS?
   b. Who helps you use MAS? How long does this take to set up?
   c. What training did you/carer receive in using MAS?
   d. What was your initial reaction to start using MAS?
   e. How do you currently feel about using MAS?

2. I’d like to discuss your use of MAS,
   a. What activities would you use MAS for?
      i. How often? How long for? What are the reasons you would use MAS?
      (Cover: strengthening/exercise, eating, drinking, wheelchair use, page turning, typing, writing, drawing/painting, brushing teeth, grooming, playing board games/electronic devices).
   b. Are there times when you would choose not to use MAS? What reasons? How often?

3. Can we discuss the impact of using MAS has had?
   a. How has your life changed since using MAS? Any specific examples?
   b. Which aspects of your life does it affect most/least?
   c. How has using MAS helped you?
      i. Benefits/ limitations?
      ii. Affect on relationships/ mobility/ independence / confidence?
   d. What are the main differences for you in using MAS and not using MAS?

4. Can we discuss the possible development of MAS?
   a. What advantages/disadvantages have you experienced in using MAS?
   b. How could you be better supported in using MAS?
   c. What advice would you have for MAS users?
   d. How do you think MAS are viewed by their users? By carers? By GP’s/doctors/ Health care professionals or others?

5. Any other comments and general discussion

Thank you for your participation