Transfemoral sockets with vacuum-assisted suspension comparison of hip kinematics, socket position, contact pressure, and preference: Ischial containment versus brimless

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Abstract—The objective of this study was to investigate the effect of brimless compared with ischial ramus containment (IRC) prosthetic sockets when using vacuum-assisted suspension (VAS) on persons with a unilateral transfemoral amputation (TFA). A randomized crossover design with a 2 d accommodation was used. People with unilateral TFA (n = 9 analyzed) were enrolled. Interventions were IRC VAS and brimless VAS sockets. Main outcome measures included coronal hip angle and vertical and lateral socket movement as measured by X-ray, skin pressure measured by Tekscan, and preference measured subjectively. The brimless design was statistically equivalent to IRC in all measured coronal hip angles and vertical and lateral socket displacement. The peak/stance mean pressure in the medial proximal aspect of the socket was 322 mmHg in the IRC compared with 190 mmHg in the brimless condition. Except for medial proximal pressure, no other measures reached statistical significance. All subjects reported the brimless design to be more comfortable than the IRC in short-term preference. Brimless VAS socket design may be a clinically viable choice for people with TFA.

INTRODUCTION

The prosthetic socket is the most important aspect of the prosthesis in that it connects the person with amputation’s residual limb to the components and the ground during stance. A compromised connection between the femur and the ground creates imbalance and instability during ambulation for the person with a transfemoral amputation (TFA). In regard to the design of a TFA prosthetic socket, the current standard of care to achieve a stable stance-phase connection focuses on the proximal aspect of the socket. The most proximal aspect of the socket, the brim, includes ischial ramus containment (IRC) and associated trim lines proximal to the ischial tuberosity (IT). The reported benefits and purpose of IRC and the socket brim is to create a stance stability mechanism by forming a coronal bony lock with the pelvis, establishing a counterforce [1–2]. This lock reportedly prevents a lateral shift of the socket and resultant femoral

Clinical Trial Registration: ClinicalTrials.gov; NCT01416129; “Southern bone & joint study—Brimless sockets”; http://clinicaltrials.gov/ct2/show/NCT01416129

Key words: amputation, biomechanics, fluoroscope, ischial ramus containment, kinematics, prosthetic, suspension, transfemoral socket, vacuum-assisted suspension, X-ray.

Abbreviations: AB = abduction, AD = adduction, IRC = ischial ramus containment, IT = ischial tuberosity, TFA = transfemoral amputation, VAS = vacuum-assisted suspension.

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abduction (AB) [1,3–4]. There are few data substantiating these proposed benefits. Therefore, optimal prosthetic socket brim design for TFA remains elusive [3,5–8]. Elements of the socket design also carry or suspend the prosthesis during the swing phase of gait. Enhanced suspension creates a more solid connection to the socket, which potentially creates less motion during swing, resulting in the perception of greater control and less prosthetic weight for the person with amputation [9–10]. Vacuum-assisted suspension (VAS) offers the person with amputation a dynamic form of suspension in that it can actively suspend through a manual or electronic pump. This dynamic suspension may provide a more positive link to the prosthesis and reduce prosthetic migration and socket movement (pistoning and lateral shifting) during gait and other activities such as sitting [9–10]. Reduced motion could increase control in swing and stance by establishing a more stable and healthy environment for the femur and thigh [9–11]. Because of new silicone liner and vacuum pump technology, maintaining VAS as a form of suspension has recently become an option for the person with TFA.

The benefits of dynamic VAS may provide the person with amputation with improved socket pressure distribution, daily volume management, rotational control, musculoskeletal stability, and reduced socket movement [9–10,12–13]. If VAS does favorably affect these variables for the TFA, then the IRC brim’s purpose may be biomechanically diminished. Removal of the IRC brim could be beneficial by improving hygiene, comfort, and mobility and reducing perspiration and fitting complications [3–4,14]. It is presently unknown whether IRC brim removal would compromise hip angle, lateral pelvic shifting, skin pressure, socket position, and ultimately, a patient’s regard for the fit of the socket. There are currently no data substantiating the effect of removing the IRC brim when using VAS in the TFA population. The contemporary TFA socket standard of care is the IRC design. Therefore, the purpose of this study was to determine whether a brimless socket would compromise coronal hip angle and socket movement, increase skin pressure, and be more preferable to patients than the standard of care IRC socket. We hypothesized that the IRC socket would maintain a more anatomic coronal femur position (adduction [AD]), create less lateral movement of the socket relative to the femur, and decrease medial-lateral and distal skin pressure during gait, but that subjects would prefer the brimless socket in this short-term analysis.

METHODS

The study design was a randomized crossover clinical trial with two socket conditions. Inclusion criteria were unilateral TFA with a minimum of 6 mo of definitive prosthetic use and the ability to independently ambulate with or without a walking aid at a community level. Subjects also needed to be able to tolerate IRC and brimless sockets as defined by the study protocol. Twelve participants with TFA were recruited from a local outpatient prosthetic practice and provided informed consent. All subjects were casted and fit for two separate sockets: (1) an IRC brim socket and (2) a brimless socket (Figure 1). To eliminate confounding, the same suspension and components were used. Alignments were duplicated and confirmed with a LASAR alignment tool (Ottobock North America; Minneapolis, Minnesota) statically once the prosthesis was fit. Subjects were given 2 wk to test the sockets initially, during which time the selected clinic recorded X-rays and fluoroscope as an addition to their clinical notes and medical justification. Subjects were randomly assigned offsite to either an IRC or a brimless socket. The subjects were then given 2 d to acclimate to the first randomly assigned
socket and then tested. Immediately after the first testing, the subjects were fit into the alternate socket design. They were given 2 d to acclimate to the alternate socket and then retested.

**Design of Sockets**

Randomization would not have been possible with a single cast followed by an initial IRC socket fitting and eventual brim removal to create the brimless design. Therefore, two separate impressions were taken by hand over the same Symmetry liner (Symmetry Prosthetics; Dothan, Alabama) (Figure 2). The portion of the casts distal to the IT was volumetrically reduced by 6 percent globally through rectification. The brim portion of the socket for the IRC condition design was cast, rectified, and fit in accordance with the protocol described by Sabolich [1]. Static alignments (bench alignment) for both socket conditions were made in accordance with Long’s line, where the center of the proximal aspect of the socket is the proximal reference point [15]. All sockets were cast, modified, fit, aligned, and adjusted by the same licensed prosthetist, certified by the American Board for Certification in Orthotics, Prosthetics and Pedorthics. The prosthetist was also certified in fitting Symmetry TFA VAS systems, the Sabolich Socket Course, and the Ottobock Elevated Vacuum Socket Technology course. Both rigid-frame sockets were fabricated with a flexible material interface in the proximal portion (Figure 1) to provide the maximum comfort proximally in either interface. For suspension, a transfemoral Symmetry liner was used in conjunction with an ePulse (Ottobock) electronic pump that provided VAS on both sockets. The trimline of the rigid frame in both sockets was lined with soldering iron to ensure clear definition during X-ray and fluoroscopy and to allow socket measurements. General Electric X-ray and fluoroscope machines (Fairfield, Connecticut) were used.

**Socket Position and Coronal Hip Angle**

As adjunct to the patient’s records, the clinic used fluoroscope as a dynamic medium to visually confirm an appropriate fit from a coronal view [3]. A treadmill was placed beneath the fluoroscope to capture the coronal view of the pelvic region while walking. Prior to recording with the fluoroscope, subjects walked on the treadmill at their self-selected walking speed. Once this velocity was attained, the fluoroscope was activated and recordings were taken of three continuous strides as determined by observational gait analysis (Figure 3).

A coronal pelvic X-ray (Figure 4) was used to measure the medial wall height, vertical and lateral socket movement (pistoning and lateral shifting), and hip angle. While not as dynamically accurate [3,16–18], X-ray images can be more clear and encompassing. X-ray was used in addition to fluoroscope to ensure accurate recording of the interface in the event the fluoroscope did not provide a discernable difference. Subjects stood with their feet 10 cm apart in the following three conditions:

1. Bilateral equal weight bearing.
2. Simulated prosthetic stance phase in which subjects were asked to stand on the prosthetic side while minimally lifting the sound limb and pelvis and instructed to minimally deviate their heads from the center line.
3. Simulated prosthetic swing phase in which subjects were asked to minimally lift the prosthetic limb and pelvis while standing on the sound side and instructed to minimally deviate their heads from the center line.
Figure 3. Fluoroscope screen shot of subject 1 in (a) ischial ramus containment (IRC) and (b) brimless design during stance phase. fps = frames per second.

Figure 4. X-ray comparison (different subjects with approximate to-scale representation of mean ischial ramus containment [IRC], both taken with equal weight bearing on both legs) of (a) brimless and (b) IRC sockets in relation to pelvis. Brimless sockets mean was 3.3 cm distal to ischial tuberosity (IT), whereas medial wall of IRC interfaces mean was 1.1 cm proximal to IT. Measurements were taken from medial-most proximal aspect of both sockets to most distal aspect of IT.
Manual measurements were taken from the X-rays. Condition 1 was used to confirm IRC [19]. The measurement for medial wall height was taken vertically from the distal-most aspect of the IT to the most proximal aspect of the medial wall of each socket’s rigid frame. Pistoning was measured as the vertical distance from the distal-most aspect of the IT to the most proximal aspect of the medial wall of each socket’s rigid frame, measured as the difference between conditions 2 and 3. Lateral shifting was measured as the horizontal distance from the center of the symphysis pubis to the lateral aspect of the socket’s rigid frame, measured as the difference between conditions 2 and 3.

Socket Pressure

Two pressure sensor arrays were placed as medial-proximal as possible and distal laterally between subjects’ skin and the liner to capture pressure profiles in this area of the socket. The liner ensured that the sensors were held in place and minimized migration. The proximal-medial sensor was placed at the proximal termination of the medial wall of the socket to remain within the rigid frame and then extended distal 20 cm. The distal lateral sensor was positioned to cover the distal aspect of the residual limb and curved proximally and laterally such that the lateral distal femur would make contact with the sensor (Figure 5). Outlining the sensor with a marker on the skin during the first data collection and then using that same position in the second data collection duplicated the placement of the sensors. Subjects were asked to walk overground continuously until self-selected walking speed was attained. At that point, the pressure recordings of 15 gait cycles were recorded. The Tekscan F-Socket System (Tekscan Inc; Boston, Massachusetts) (two channel, 160 Hz, 7 × 20 cm wide senor arrays, less than 1 mm thick, composed of 96 separate sensor cells [sensels], resolution of 4 sensels/in.², range of 75 psi [3,879 mmHg]) was used to record pressure data. In the absence of an optimal alternative [20], sensor calibration was done in accordance with manufacturer recommendations. Calibration was performed immediately prior to data collection. The “peak/stance” averaging and the single greatest peak pressure (in a 2 × 2 sensels square) over the entire sensor array were reported. As defined by Tekscan, peak/stance averaging displays a single movie frame that is created by averaging a group of “peak” frames, or “stances” (a movie is divided into “stances” when the “Peak/Stance” menu item is selected). The individual sensel values for each of the “peak” frames were averaged and displayed as a composite “averaged stance.” Pressures are reported in millimeters of mercury rather than kilopascals to facilitate interpretation with respect to circulation (1 kPa = 7.5 mmHg, 1 psi = 51.7 mmHg) [21].

Socket Preference

At the end of the second data collection, the subjects were given a protocol-specific form to complete in private. Subjects were asked which of the two socket conditions they preferred. Additionally, subjects were asked to narratively describe aspects of the sockets that they liked and disliked and to provide any comments in free form that they wished to express to the investigators.

Statistical Analyses

SPSS v20 (IBM Corporation; Armonk, New York) was used for statistical analysis. Paired t-tests were used to compare socket position and movement, coronal hip
angle, and skin pressure when data were normally distributed. When data were abnormally distributed, the Wilcoxon signed-rank test for difference in medians was used. Statistical significance was set at \( p \leq 0.05 \).

**RESULTS**

Twelve subjects were recruited. Following fitting and prior to data collection, two subjects withdrew for unrelated acute medical reasons and one subject was excluded from the analysis due to not achieving IRC as verified with fluoroscopy, leaving \( n = 9 \). The mean age was 41.2 ± 14.5 yr (range: 21–70 yr) and mean residual-limb length was 57.0 ± 16.5 percent (range: 33%–88%) of the sound side femur length, measured from IT to distal end (for the residual limb) and medial tibial plateau (for sound side). Subjects’ mean time with an amputation was 9.1 ± 10.3 yr (range: 0.8–26.0 yr) and mean Amputee Mobility Predictor score \[22\] was 40.3 ± 6.7 (range: 27–45). All subjects had medium or firm tissue consistency \[19\]. Three subjects wore a Symmetry liner brimless socket prior to this clinical trial. The remaining subjects wore an IRC socket and a variety of suspension systems (Table 1).

**Socket Position and Movement**

The mean medial wall height on the IRC sockets was 1.1 cm proximal to the distal-most aspect of the IT. The medial wall on the brimless design was a mean of 3.3 cm distal to the distal-most aspect of the IT (Figure 4). The mean lateral shifting in the brimless design was 1.6 ± 0.7 cm (range: 0.5–2.5 cm) compared with the IRC condition of 1.2 ± 1.1 cm (range: 0–3.7 cm). The mean vertical movement (pistoning) in the brimless socket design was 1.4 ± 0.8 cm (range: 0.6–3.1 cm) compared with the IRC condition of 2.5 ± 0.9 cm (range: 1.5–4.5 cm) (Table 2). These differences did not reach statistical significance.

**Coronal Hip Angle**

In double support, less femoral AB was observed in the IRC design \((3.3° ± 7.1°, 13.7 \text{ AB}–9.0 \text{ AD})\) than with the brimless socket condition \((4.8° ± 5.6°, 16.3 \text{ AB}–5.2 \text{ AD})\). Similarly, in single support (prosthetic stance), less femoral AB was also observed in the IRC design \((0.9° ± 5.0°, 7.0 \text{ AB}–8.3 \text{ AD})\) than with the brimless socket condition \((1.2° ± 5.6°, 9.6 \text{ AB}–10.2 \text{ AD})\). In prosthetic swing phase, less femoral AD was noted in the IRC than with the brimless socket \((1.6° ± 3.7°, 3.2 \text{ AB}–8.1 \text{ AD} vs 2.4° ± 2.9°, 3.1 \text{ AB}–5.9 \text{ AD}, \text{ respectively})\) (Table 2). However, these differences failed to reach significance for both prosthetic stance and swing.

**Skin Pressure**

The peak/stance average pressure in the medial proximal aspect of the socket was 322 ± 210 mmHg (range: 157–868 mmHg) in the IRC, compared with 190 ± 103 mmHg (range: 53–347 mmHg) in the brimless condition; this difference was statistically significant \( (p = 0.02) \). The peak/stance average pressure of the distal lateral aspect was 188 ± 70 mmHg (range: 105–323 mmHg) in the IRC, compared with 222 ± 113 mmHg (range: 114–461 mmHg) in the brimless condition (Table 2). The single greatest peak pressure

<table>
<thead>
<tr>
<th>Subject</th>
<th>Etiology</th>
<th>Amputation Side</th>
<th>Age (yr)</th>
<th>Time After Amputation (yr)</th>
<th>Height (cm)</th>
<th>Weight (kg)</th>
<th>Tissue Consistency</th>
<th>AMP Score</th>
<th>Sex</th>
<th>IRCC</th>
<th>Brimless†</th>
<th>RL Length (cm)</th>
<th>Sound Femur (%)</th>
<th>Socket Type Prior</th>
<th>Prosthetic Foot</th>
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<tbody>
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<td>Sarcoma</td>
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<td>175</td>
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<td>40</td>
<td>M</td>
<td>2.7</td>
<td>3.1</td>
<td>13</td>
<td>33</td>
<td>IRC</td>
<td>C-walk</td>
</tr>
<tr>
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<td>R</td>
<td>70</td>
<td>4</td>
<td>183</td>
<td>71</td>
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<td>31</td>
<td>M</td>
<td>1.2</td>
<td>2.7</td>
<td>18</td>
<td>44</td>
<td>IRC</td>
<td>Trias</td>
</tr>
<tr>
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<td>4</td>
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<td>Firm</td>
<td>43</td>
<td>M</td>
<td>0.1</td>
<td>1.9</td>
<td>37</td>
<td>88</td>
<td>Brimless</td>
<td>C-walk</td>
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<tr>
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<td>L</td>
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<td>2.5</td>
<td>160</td>
<td>76</td>
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<td>27</td>
<td>F</td>
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<td>Navigator</td>
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<td>Trauma</td>
<td>R</td>
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<td>14</td>
<td>183</td>
<td>84</td>
<td>Medium</td>
<td>46</td>
<td>M</td>
<td>0.8</td>
<td>6.2</td>
<td>20</td>
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<td>Brimless</td>
<td>Trias</td>
</tr>
<tr>
<td>6</td>
<td>Trauma</td>
<td>L</td>
<td>24</td>
<td>3</td>
<td>190</td>
<td>115</td>
<td>Firm</td>
<td>43</td>
<td>M</td>
<td>1.1</td>
<td>1.5</td>
<td>31</td>
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<td>7</td>
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<td>L</td>
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<td>1.5</td>
<td>170</td>
<td>55</td>
<td>Medium</td>
<td>44</td>
<td>F</td>
<td>0.9</td>
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<td>M</td>
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<td>3.1</td>
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<td>26</td>
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<td>45</td>
<td>M</td>
<td>1.4</td>
<td>2.7</td>
<td>27</td>
<td>55</td>
<td>Brimless</td>
<td>Trias</td>
</tr>
</tbody>
</table>

Note: All knees and feet are Ottobock Healthcare. All subjects’ knees were C-legs, except for subject 4 who used 3R49.

* Length (cm) proximal to ischial tuberosity in IRC sockets.
† Length (cm) distal to ischial tuberosity in brimless sockets.

AMP = Amputee Mobility Predictor, F = female, IRC = ischial ramus containment, L = left, M = male, PVD = peripheral vascular disease, R = right, RL = residual limb.
Table 2.
Results reported as mean ± standard deviation (range).

<table>
<thead>
<tr>
<th>Outcome Measure</th>
<th>IRC</th>
<th>Brimless</th>
</tr>
</thead>
<tbody>
<tr>
<td>Interface Position and Movement (cm)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ischial Containment Quantity</td>
<td>1.1 ± 0.9 (0.1–2.7)*</td>
<td>3.3 ± 1.6 (1.5–6.2)†</td>
</tr>
<tr>
<td>Lateral Shifting‡</td>
<td>1.2 ± 1.1 (0–3.7)</td>
<td>1.6 ± 0.7 (0.5–2.5)</td>
</tr>
<tr>
<td>Pistoning</td>
<td>2.5 ± 0.9 (1.5–4.5)</td>
<td>1.4 ± 0.8 (0.6–3.1)</td>
</tr>
<tr>
<td>Coronal Hip Angle (°)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Double Support</td>
<td>3.3 ± 7.1 AB (13.7 AB–9.0 AD)</td>
<td>4.8 ± 5.6 AB (16.3 AB–5.2 AD)</td>
</tr>
<tr>
<td>Simulated Prosthetic Stance (single support on prosthetic side)</td>
<td>0.9 ± 5.0 AB (7.0 AB–8.3 AD)</td>
<td>1.2 ± 5.6 AB (9.6 AB–10.2 AD)</td>
</tr>
<tr>
<td>Simulated Prosthetic Swing (single support on contralateral side)</td>
<td>1.6 ± 3.7 AD (3.2 AB–8.1 AD)</td>
<td>2.4 ± 2.9 AD (3.1 AB–5.9 AD)</td>
</tr>
</tbody>
</table>

| Skin Pressure (mmHg)§                                |                            |                            |
| Peak/Stance Average                                  |                            |                            |
| Medial Proximal‡                                      | 322 ± 210 (157–868)        | 190 ± 103 (53–347)         |
| Distal Lateral                                       | 188 ± 70 (105–323)         | 222 ± 113 (114–461)        |
| Single Greatest Peak                                  |                            |                            |
| Medial Proximal‡                                      | 841 ± 600 (280–1,910)      | 819 ± 455 (256–1,668)      |
| Distal Lateral                                       | 543 ± 328 (222–1,069)      | 751 ± 562 (317–1,824)      |

*This value is proximal to ischial tuberosity.
†This value is distal to ischial tuberosity.
‡These data were abnormally distributed.
§Pressures are reported in millimeters of mercury, rather than kilopascals, to facilitate interpretation with respect to circulation (1 kPa = 7.5 mmHg; 1 psi = 51.7 mmHg).
AB = abduction, AD = adduction, IRC = ischial ramus containment.

value in the medial-proximal aspect of the socket was 841 ± 600 mmHg (range: 280–1,910 mmHg) in the IRC compared with 819 ± 455 mmHg (range: 256–1,668 mmHg) in the brimless condition and distal laterally 543 ± 328 mmHg (range: 222–1,069 mmHg) in the IRC compared with 751 ± 562 mmHg (range: 317–1,824 mmHg) in the brimless condition (Table 2). These differences were not statistically significant.

Socket Preference
All subjects preferred the brimless socket to the IRC. The most common narrative description was increased comfort in sitting and standing related to the brimless design. A decrease in phantom and low-back pain, an increase in hip range of motion, less urogenital interference, and ease in walking were also common themes related to the brimless design.

DISCUSSION
While we hypothesized superiority of the IRC socket in femoral position, skin pressure, and socket movement, this was not the case. In this sample, the brimless design was essentially equivalent to the IRC in most outcome measures, except for medial proximal skin pressure. Regarding preference, our hypothesis was correct in that the brimless design was chosen. The literature suggests a brim may assist in pelvic stabilization, prevent lateral shifting, and maintain an adducted femur position [1,4]. However, the subsequent perineal discomfort associated with an IRC brim could potentially cause an abducted positioning of the thigh and femur by crowding the perineal region. Additionally, some researchers have stated that socket design has no influence on femur position [6,23–26]. In this study, we observed no significant differences in coronal hip angle and lateral shifting between the IRC and brimless socket designs. This is not to say that IRC and a corresponding brim are invalid. IRC may enhance pelvic stability through the coronal dimension of the IRC and the proximal lateral wall while having no effect or reliance on the femur as previously hypothesized in the literature [1–2]. Additionally, the brim may play a kinesthetic role in guiding the residual limb through an adducted position during swing phase, for instance [3]. In this study, coronal hip angle is largely unaffected by removal of the brim, the region credited with stabilizing the femur through the bony lock.

Compared with passive conventional options, a dynamic suspension method that increases the surface
Lee et al. [8] and Krouskop et al. [7] compared the pressure redistribution of pressure to other regions of the socket. The brim was removed. This could potentially be the result of an increase in comfort. Intuitively, patients would prefer minimizing pistoning. Because we used VAS in both socket conditions, a difference in pistoning between them was not anticipated. The addition of IRC did result in a trend of increased pistoning. The relationship between the proximal support of an IRC socket and the dynamic distal pulling created by VAS may have contributed to a twofold increase in pistoning on the residual limb. While this difference failed to reach statistical significance in this sample, minimizing pistoning is of clinical significance. Symmetry liners were used as suspension for both the IRC and brimless socket designs. Future research should test other suspension methods in conjunction with a brimless design.

Neumann et al. reported 333 mmHg average pressure at the ischium of an IRC socket at midstance in a single case [21], which is comparable with the 322 mmHg observed in this study. The elimination of the IRC and subsequent reduction of load-bearing area would intuitively increase skin pressures on the residuum. This was not the case in the proximal medial aspect of the socket. In fact, there was a statistically significant reduction in mean skin pressure in the medial aspect when the IRC brim was removed. This could potentially be the result of a redistribution of pressure to other regions of the socket. Lee et al. [8] and Krouskop et al. [7] compared the pressures generated by quadrilateral and IRC sockets. Significant variations were noted in pressure distribution between the two socket designs, particularly in the anterior and posterior walls, but the magnitudes of the pressures in well-fitting sockets of both types were similar [7–8].

The single greatest peak pressure increased in the brimless sockets in the distal and distal-lateral femur areas, but not significantly. This result is surprising since there seems to be a redistribution of pressure as previously indicated, but statistically significant pressure redistribution was not observed in these two locations. This is of clinical interest because the distal and lateral-distal femur areas are specifically discussed in the literature and known to be problematic [4]. In this study, pressure was not measured throughout the entire socket. Knowing the entire pressure distribution may be helpful in understanding the dynamics of a VAS TFA socket.

Patient’s tolerance for average pressure and a single greatest pressure would be beneficial in discerning the clinical significance of skin pressure. In an early study of pressure, circumferential application of 200 mmHg was established as a pain threshold relative to pressure [27]. More recently, researchers have stated that muscle cell death can occur in less than 3 to 6 hr with as little as 68 mmHg [28–34]. The nondisabled person experiences negligible pressure on the ischium while standing and ambulating. In sitting, however, the nondisabled person experiences pressures as high as 300 mmHg on the IT [35]. This is a considerable value in sensory and mobility-impaired nondisabled individuals from a wound development and healing perspective relative to ischemic tissue responses. Presuming use of an IRC socket, the TFA will have pressure application to the tissues around the ischium not only while sitting but also during standing, ambulation, and potentially even during swing phase. Stage 1 pressure ulceration and the accompanying hyperemic skin response may be observed in as little as 30 min of contact without relief. Tissue ischemia will follow in 2 to 6 h if relief is not provided [35]. Given that the IRC socket contacts the ischium in gait with pressure magnitudes well in excess of 200 mmHg and that there is constant contact regardless of functional activity, it is apparent that IRC users can experience tissue discoloration, callus, ischemia, and discomfort from use of an IRC socket design. We observed mean pressures of 322 mmHg in the IRC, compared with 190 mmHg in the brimless design. A reduction in medial skin pressure likely has a role in explaining the unanimous preference for the brimless socket. Narratively, these subjects translated the decrease in pressure to this specific area as an increase in comfort. Intuitively, patients would prefer lowering the medial wall of a socket in this sensitive region of the anatomy. Interestingly, all of these subjects did prefer the brimless socket.

X-ray was more reliable when considering factors such as drop-out, readability, clarity, and reliability. However, X-ray is not dynamic and therefore may not be as accurate as...
other media, such as fluoroscope and ultrasound [3,16–17]. These media also have limitations; therefore, a compromise may need to be recognized when evaluating dynamic skeletal kinematics. Acclimation to a prosthetic socket is crucial relative to function and preference. However, the excess time needed to acclimate to an experimental intervention can lead to higher attrition for subjects who are intolerant of socket changes [10]. This can make it difficult to recruit and retain subjects, which can lead to low study power. Additionally, it would be impossible to blind subjects as to whether or not IRC is present. These factors are problematic in designing socket studies and were limitations in this study. Most subjects would instinctively prefer less socket surface area unless they observed compromise to gait and comfort. All subjects in this study preferred the brimless socket in the short-term. It is unclear whether they would prefer the brimless and whether the functional effects would be comparable in a long-term study.

Future studies should also observe overall gait kinetics and kinematics. Defining overall gait deviations is an important but challenging goal of determining efficacy of prosthetic interventions. Energetics have been observed in past TFA socket comparisons [36–38] and would be a beneficial comparison in IRC versus a brimless design using VAS with higher-functioning subjects. Establishing the effect of brim design on the stability and balance of lower-functioning TFAs would also be beneficial. TFAs can be difficult to fit [4] because of prosthetists’ and researchers’ lack of consensus on technique, skillset, experience, and applicable materials. TFA VAS is a new technique that requires significant experience to achieve a viable fit and therefore a valid comparison. Using a repeatable technique is imperative. IRC can also be difficult to fit and quantify. An adequate amount of IRC needs to be balanced with comfort and tolerance for each subject. A prosthetist’s ability to achieve cohesive and repeatable prosthetic socket designs is essential in any socket study. Further research is necessary to better understand TFA socket design options.

CONCLUSIONS

Elimination of the brim may be a clinically viable choice of socket for TFAs because the brimless design was equivalent to the IRC in the area of coronal hip angle, vertical movement, and lateral shifting. Mean peak stance skin pressure was less in the medial proximal aspect of the brimless design. All other peak and mean skin pressures were shown to be equivalent when comparing the brimless design with the IRC. The brimless design was reported to be more comfortable than the IRC design in short-term preference.

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REFERENCES


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