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Arthritis

Assessment of Self-Care Programs for Arthritis Patients in Rural Settings

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Sponsor: National Institute of Handicapped Research

This is a study to determine the effectiveness of self-care instructions and methods in the management of arthritis in patients living in rural areas. The locale for the study comprises several counties in the Shenandoah Valley of Virginia.

Work is progressing according to schedule.■

Arthritis Rehabilitation Unit

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A five-bed rehabilitation unit to determine the effectiveness of an inpatient rehabilitation program for arthritis patients has been created. The team responsible for this project is working closely with the Virginia Department of Rehabilitative Services.■