

### APPENDIX 3: Cognitive Strategy Training Class Evaluation (CSTCE)

**1. Overall, how useful do you believe this class was in helping you to deal with problems with memory, attention, organization, or thinking?**

Not useful  
0    1    2    3    4    5    6    7    8    9    10  
Very useful

**2. Overall, how useful do you believe the cognitive strategies (for example, removing distractions, visual imagery) taught in this class were in helping you to deal with problems with memory, attention, organization, or thinking?**

Not useful  
0    1    2    3    4    5    6    7    8    9    10  
Very useful

**3. Overall, how useful do you believe the external aides (for example, daily planners and organizational systems) presented in this class were in helping you to deal with problems with memory, attention, organization, or thinking?**

Not useful  
0    1    2    3    4    5    6    7    8    9    10  
Very useful

**4. Overall, within your daily life, how often do you make use of the cognitive strategies and external aides presented in this class?**

Not often  
0    1    2    3    4    5    6    7    8    9    10  
Very often

**5. Overall, how satisfied were you with this class?**

Not satisfied  
0    1    2    3    4    5    6    7    8    9    10  
Very satisfied

**What was the most helpful part or aspects of the class and why (please be as specific as possible)?**

**What was the least helpful part or aspects of the class and why (please be as specific as possible)?**

**What can we do to improve the class (please be as specific as possible)?**