

Subject ID# \_\_\_\_\_

**Appendix. Veteran Driving Questionnaire**

**Part I: Driving Habits**

*Directions: Please answer the following questions to the best of your ability.*

How many days a week do you drive, on average?            0   1   2   3   4   5   6   7

How many miles a week do you drive, on average? \_\_\_\_\_

How many hours a week do you drive, on average? \_\_\_\_\_

What environments are you most comfortable driving in? Please circle any/all that apply:

- |       |           |                          |           |
|-------|-----------|--------------------------|-----------|
| Rural | Daytime   | Multiple lane highway    | Rush hour |
| City  | Nighttime | Two-lane (quiet) highway | Suburban  |

What environments are you least comfortable driving in? Please circle any/all that apply:

- |       |           |                          |           |
|-------|-----------|--------------------------|-----------|
| Rural | Daytime   | Multiple lane highway    | Rush hour |
| City  | Nighttime | Two-lane (quiet) highway | Suburban  |

What environments do you go out of your way to avoid driving in? Please circle any/all that apply:

- |       |           |                          |           |
|-------|-----------|--------------------------|-----------|
| Rural | Daytime   | Multiple lane highway    | Rush hour |
| City  | Nighttime | Two-lane (quiet) highway | Suburban  |

On average, how much do you drive now as compared to before your deployment(s)?

- |      |                |      |
|------|----------------|------|
| Less | About the same | More |
|------|----------------|------|

Do you believe that your military service made you a worse driver, a better driver, or did not affect your driving?

- |              |                |               |
|--------------|----------------|---------------|
| Worse driver | About the same | Better driver |
|--------------|----------------|---------------|

Did you drive or spend a lot of time in convoy while deployed?            Yes        No

If Yes, was the majority of your time in convoy spent driving fast and aggressively or slowly and carefully?

Fast/Aggressive

Slowly/Carefully

Both

If Yes, please circle your position(s):

Driver

Passenger

Gunner

Other:

How many car accidents have you been involved in since military separation? 0 1 2 3 4+

How many car accidents were you involved in the years before deployment? 0 1 2 3 4+

How many "near misses" (i.e., almost accidents, close calls) have you experienced after military separation? 0 1 2 3 4+

How many near misses did you experience in the years before deployment? 0 1 2 3 4+

How many warnings have you received from police or state troopers (either written or verbal) after military separation? 0 1 2 3 4+

1. Compared to before deployment, have you noticed any changes in your driving behaviors? If so, please explain:

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2. Is there anything you wish you could change about your driving habits or behaviors? If so, what?

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**Part II: Common Driving Situations**

<p><b>For the follow questions, please indicate how anxious or nervous you typically feel when driving in the following situations. Please only focus on your driving habits after your military separation.</b></p>	Anxious				
	N e v e r	S o m e t i m e s			A l w a y s
1. When I have to stop at a stop sign	1	2	3	4	5
2. When there is oncoming traffic	1	2	3	4	5
3. When I have to stop at a red light or four-way intersection	1	2	3	4	5
4. When I am driving through a tunnel or underpass	1	2	3	4	5
5. When I am driving in slow or stopped traffic (e.g., rush hour)	1	2	3	4	5
6. When my car is boxed in or I “feel trapped”	1	2	3	4	5
7. When another vehicle approaches quickly from behind me	1	2	3	4	5
8. When I drive near or next to roadside debris	1	2	3	4	5
9. When I drive next to construction	1	2	3	4	5
10. When I drive past parked cars	1	2	3	4	5
11. When I forget where I am going	1	2	3	4	5
12. When I drive at night	1	2	3	4	5
13. When I drive through a city or am surrounded by tall buildings	1	2	3	4	5
14. When I drive over wires across the road (i.e., camera wires or traffic light monitors)	1	2	3	4	5
15. When I drive in a person-crowded area (i.e., around crosswalks or on busy streets)	1	2	3	4	5
16. When I drive next to guardrails	1	2	3	4	5
17. When I drive through construction sites	1	2	3	4	5
18. When I am not sure how to get to my destination	1	2	3	4	5
19. When I drive into glare (i.e., sunlight or headlights)	1	2	3	4	5
20. When I drive on a new or unfamiliar road	1	2	3	4	5
21. When I drive down a one-way street	1	2	3	4	5
22. When I drive in a situation with limited visibility (i.e., in rain or through a dark tunnel)	1	2	3	4	5

23. When I drive over or around potholes	1	2	3	4	5
24. When I drive in tight or narrow lane	1	2	3	4	5
25. When I am the passenger and someone else is driving me	1	2	3	4	5
26. When I am driving talkative passengers	1	2	3	4	5
27. When I see cars that remind me of VBIEDs	1	2	3	4	5

**Part III: Driving Behaviors**

For the follow questions, please indicate how often you engage in the following behaviors while driving. Please only focus on your driving habits since your military separation.	I do this...				
	N e v e r	S o m e t i m e s			A l w a y s
28. Change lanes or make a turn without signaling properly	1	2	3	4	5
29. Drive above the speed limit	1	2	3	4	5
30. Intentionally cut off other drivers	1	2	3	4	5
31. Come to a full stop at a stop sign	1	2	3	4	5
32. Drive under the influence of alcohol, opiates, or drugs	1	2	3	4	5
33. Jump a red light before it turns green	1	2	3	4	5
34. Speed up before an intersection or an underpass/tunnel	1	2	3	4	5
35. Keep a very careful eye on other cars around you	1	2	3	4	5
36. Choose your driving times or routes specifically to avoid anxiety-provoking situations	1	2	3	4	5
37. Drive through stop signs	1	2	3	4	5
38. Plan for a designated driver or alternate method of getting home, if drinking or using drugs	1	2	3	4	5
39. Accelerate through a yellow light (that you could/should stop for)	1	2	3	4	5
40. Wear a seatbelt (or motorcycle helmet, if applicable)	1	2	3	4	5
41. Tailgate a driver in front of you	1	2	3	4	5
42. Forget, or take a few seconds to remember, what a certain sign means (i.e., a “No U-Turn” sign)	1	2	3	4	5
43. Plan your driving in order to avoid situations that might make you upset, angry, or nervous	1	2	3	4	5

44. Drive through red lights	1	2	3	4	5
45. Get in the car with someone after he/she (the driver) has been drinking or using drugs	1	2	3	4	5
46. Swerve or change lanes when driving under an overpass	1	2	3	4	5
47. Get very distracted by sounds (i.e., a truck driving past)	1	2	3	4	5
48. Demonstrate anger at another driver or car (e.g., shouting, giving the finger, honking)	1	2	3	4	5
49. Keep an unnecessarily large distance between you and the car in front of you	1	2	3	4	5
50. Drive down the middle of the road	1	2	3	4	5
51. Drive erratically on purpose	1	2	3	4	5
52. Have trouble maintaining the speed limit	1	2	3	4	5
53. Chase or follow another driver	1	2	3	4	5
54. Drive while fatigued	1	2	3	4	5
55. Ask someone else to drive for you in order to avoid stress or anxiety	1	2	3	4	5
56. Try to “test the limits” while driving (i.e., driving very fast, switching lanes quickly, etc.)	1	2	3	4	5
57. Get lost or disoriented when driving in familiar settings	1	2	3	4	5
58. Drive while talking on the phone, texting, playing with iPod or radio, or programming GPS	1	2	3	4	5
59. Express frustration or anger by pounding the steering wheel	1	2	3	4	5
60. Forget what you are doing or where you are going while driving	1	2	3	4	5
61. Get distracted by things you see that are not relevant to your driving	1	2	3	4	5
62. Drive very fast in order to get off the road as soon as possible	1	2	3	4	5
63. Have friends or family refuse to drive with you	1	2	3	4	5
64. Rely on your veteran ID card to avoid tickets or violations	1	2	3	4	5
65. Listen to calming music to distract or relax yourself	1	2	3	4	5

**Part IV: Emotional States**

<p><b>For the follow questions, please indicate how often you typically feel these emotions while driving. Please only focus on your driving habits since your military separation.</b></p>	<p><b>I feel this...</b></p>				
	<p><b>N e v e r</b></p>	<p><b>Sometimes</b></p>			<p><b>A l w a y s</b></p>
66. Impatient	1	2	3	4	5
67. Hypervigilant or very aware, attentive	1	2	3	4	5
68. Irritated	1	2	3	4	5
69. Calm	1	2	3	4	5
70. Angry	1	2	3	4	5
71. Relaxed	1	2	3	4	5
72. Tired or sleepy	1	2	3	4	5
73. Aggressive	1	2	3	4	5
74. Anxious	1	2	3	4	5
75. Competitive	1	2	3	4	5
76. Confident	1	2	3	4	5
77. Impulsive or reckless	1	2	3	4	5
78. Upset	1	2	3	4	5
79. Invincible	1	2	3	4	5
80. Distracted	1	2	3	4	5
81. Panicky or jumpy, easily startled	1	2	3	4	5
82. Frustrated	1	2	3	4	5
83. Happy	1	2	3	4	5
84. In physical pain	1	2	3	4	5
85. Nervous	1	2	3	4	5
86. In control	1	2	3	4	5
87. Trapped, need to get off the road	1	2	3	4	5

## **Part V: Feedback**

Have you noticed any changes in your driving behavior since returning home from deployment that this questionnaire does not address?

Is there anything you wish you had been told about driving when you returned home from deployment, or any advice you would like to give future servicemembers about returning to driving in civilian environments?